



## MONDAY

- ⊕ **Ithaca 7:15 am (M-F) Discussion** ⊕  
Early Bird Special, Ithaca Community Recovery Ctr., 518 W. Seneca St.
- ⊕ **Cortland 9:00 am (M-Sat) Discussion** ⊕  
Tioughnioga Group, Grace Episcopal Church, Court St.
- ⊕ **Ithaca 9:00 am (7 days) Discussion** ⊕  
Daily Ithaca Group, Ithaca Community Recovery Ctr., 518 W. Seneca St.
- ⊕ **Owego 12-noon (M-F) Discussion** ⊕  
Grange Hall, Glen Mary Drive
- ⊕ **Ithaca 12-noon (M-Sat) Discussion** ⊕  
Brown Baggers Group, Ithaca Community Recovery Ctr., 518 W. Seneca St.
- ⊕ **Ithaca 12:15 pm (M-F) Discussion** ⊕  
Campus Meeting Group, Cornell University, Anabel Taylor Hall (Rm 314)
- ⊕ **Ithaca 4:30 pm (M-S) Literature** ⊕  
Happy Hour, Ithaca Community Recovery Ctr., 518 W. Seneca St.
- ⊕ **Ithaca 5:30 pm (7 days) Discussion** ⊕  
Attitude Adjustment Hour, Ithaca Community Recovery Ctr., 518 W. Seneca St.
- ⊕ **Groton 7:00 pm Discussion** ⊕  
Groton Valley Serenity Group, Groton Community Church, 204 E. Cortland St.
- ⊕ **Ithaca 8:00 pm Discussion** ⊕  
Groton Valley Serenity Group, Groton Community Church, 204 E. Cortland St.
- ⊕ **Ithaca 8:00 pm (M-F) Discussion** ⊕  
Early Bird Special, Ithaca Community Recovery Ctr., 518 W. Seneca St.
- ⊕ **Ithaca 12-noon (M-F) Discussion** ⊕  
Tioughnioga Group, Grace Episcopal Church, Court St.
- ⊕ **Ithaca 12:15 pm (M-F) Discussion** ⊕  
Campus Meeting Group, Cornell University, Anabel Taylor Hall (Rm 314)
- ⊕ **Ithaca 4:30 pm (M-S) Literature** ⊕  
Happy Hour, Ithaca Community Recovery Ctr., 518 W. Seneca St.
- ⊕ **Ithaca 5:30 pm (7 days) Discussion** ⊕  
Attitude Adjustment Hour, Ithaca Community Recovery Ctr., 518 W. Seneca St.
- ⊕ **Groton 7:00 pm Discussion** ⊕  
Groton Valley Serenity Group, Groton Community Church, 204 E. Cortland St.
- ⊕ **Ithaca 8:00 pm Big Book** ⊕  
Monday Night Big Book Group, St. Luke's Lutheran Church, 109 Oak Ave.
- ⊕ **Owego 8:00 pm Discussion** ⊕  
St. Paul's Episcopal Church, 117 Main St.
- ⊕ **Trumansburg 8:00 pm Discussion** ⊕  
T-burg Group, Presbyterian Chapel, 69 E. Main
- ⊕ **Ithaca 8:00 pm Discussion** ⊕  
Monday Night Candlelight Group, St. John's Episcopal Church, 210 N. Cayuga St. (Enter from Buffalo St. lot)

## TUESDAY

- ⊕ **Ithaca 7:15 am (M-F) Discussion** ⊕  
Early Bird Special, Ithaca Community Recovery Ctr., 518 W. Seneca St.
- ⊕ **Cortland 9:00 am (M-Sat) Discussion** ⊕  
Tioughnioga Group, Grace Episcopal Church, Court St.
- ⊕ **Ithaca 9:00 am (7 days) Discussion** ⊕  
Daily Ithaca Group, Ithaca Community Recovery Ctr., 518 W. Seneca St.
- ⊕ **Owego 12-noon (M-F) Discussion** ⊕  
Grange Hall, Glen Mary Drive
- ⊕ **Ithaca 12-noon (M-Sat) Discussion** ⊕  
Brown Baggers Group, Ithaca Community Recovery Ctr., 518 W. Seneca St.

- ⊕ **Ithaca 12:15 pm (M-F) Discussion** ⊕  
Campus Meeting Group, Cornell University, Anabel Taylor Hall (Rm 314)
- ⊕ **Ithaca 4:30 pm (M-S) Literature** ⊕  
Happy Hour, Ithaca Community Recovery Ctr., 518 W. Seneca St. Basement.
- ⊕ **Ithaca 5:30 pm (7 days) Discussion** ⊕  
Attitude Adjustment Hour, Ithaca Community Recovery Ctr., 518 W. Seneca St.
- ⊕ **Ithaca 7:00 pm Beginners** ⊕  
Ithaca Group, Presbyterian Church, 315 N. Cayuga St. (Enter on Court St.)
- ⊕ **Cortland 8:00 pm Discussion** ⊕  
Tuesday Night Group, County Office Bldg., 60 Central Ave.
- ⊕ **Interlaken 8:00 pm Discussion** ⊕  
Interlaken Group, St. Francis Church, Orchard St. (First Tues-Step Meeting)
- ⊕ **Ithaca 8:00 pm Discussion** ⊕  
Ithaca Group, Presbyterian Church, 315 N. Cayuga St. (Enter on Court St.) (Last Tues-Speaker)
- ⊕ **Ithaca 8:00 pm 11<sup>th</sup> Step** ⊕  
Ithaca Community Recovery Ctr., 518 W. Seneca St. 2<sup>nd</sup> fl.
- ⊕ **Watkins Glen 8:00 pm Discussion** ⊕  
Watkins Glen Group, St. Mary's Ctr., 10<sup>th</sup> St.

## WEDNESDAY

- ⊕ **Ithaca 7:15 am (M-F) Discussion** ⊕  
Early Bird Special, Ithaca Community Recovery Ctr., 518 W. Seneca St.
- ⊕ **Cortland 9:00 am (M-Sat) Discussion** ⊕  
Tioughnioga Group, Grace Episcopal Church, Court St.
- ⊕ **Ithaca 9:00 am (7 days) Discussion** ⊕  
Daily Ithaca Group, Ithaca Community Recovery Ctr., 518 W. Seneca St.
- ⊕ **Owego 12-noon (M-F) Discussion** ⊕  
Grange Hall, Glen Mary Drive
- ⊕ **Ithaca 12-noon (M-Sat) Discussion** ⊕  
Brown Baggers Group, Ithaca Community Recovery Ctr., 518 W. Seneca St. (Wed-Step Mtg.)
- ⊕ **Ithaca 12:15 pm (M-F) Discussion** ⊕  
Campus Meeting Group, Cornell University, Anabel Taylor Hall (Rm 314) (Wed-Tradition Mtg.)
- ⊕ **Ithaca 4:30 pm (M-S) Literature** ⊕  
Happy Hour, Ithaca Community Recovery Ctr., 518 W. Seneca St. Basement.
- ⊕ **Ithaca 5:30 pm (7 days) Discussion** ⊕  
Attitude Adjustment Hour, Ithaca Community Recovery Ctr., 518 W. Seneca St.
- ⊕ **Trumansburg 7:00 pm Discussion** ⊕  
Women's Mtg. Church of the Epiphany, Elm St.

- ⊕ **Trumansburg 7:00 p.m. Discussion** ⊕  
Found a New Way Group (at C.A.R.S.) 6621 Rte. 227
- ⊕ **Groton 7:00 pm Step & Tradition** ⊕  
Groton Valley Serenity Group, Groton Community Church, 204 E. Cortland St.
- ⊕ **Cortland 7:30 pm Discussion** ⊕  
Wednesday Night Group, Interfaith Chapel, Cortland State Campus
- ⊕ **Ithaca 8:00 pm Beginners** ⊕  
Wednesday Night Open Door Group, St. John's Episcopal Church, 210 N. Cayuga St. (Enter from Buffalo St. lot)
- ⊕ **Lisle 8:00 pm Discussion** ⊕  
Whitney Point Group, Lisle Associated Church
- ⊕ **Owego 8:00 pm Discussion** ⊕  
Keep it Simple Group, Methodist Church, 261 Main St.
- ⊕ **Willard 7:00 pm Step Mtg.** ⊕  
Christ Episcopal Church, County Route 132 in Willard (across from the "old" Psych Ctr.), (1<sup>st</sup> Wed. Step Mtg.)
- ⊕ **Watkins Glen 8:00 pm Step Mtg.** ⊕  
Watkins Glen Group, St. Mary's Ctr., 10<sup>th</sup> St.

## THURSDAY

- ⊕ **Ithaca 7:15 am (M-F) Discussion** ⊕  
Early Bird Special, Ithaca Community Recovery Ctr., 518 W. Seneca St.
- ⊕ **Cortland 9:00 am (M-Sat) Discussion** ⊕  
Tioughnioga Group, Grace Episcopal Church, Court St.
- ⊕ **Ithaca 9:00 am (7 days) Discussion** ⊕  
Daily Ithaca Group, Ithaca Community Recovery Ctr., 518 W. Seneca St.
- ⊕ **Owego 12-noon (M-F) Discussion** ⊕  
Grange Hall, Glen Mary Drive
- ⊕ **Ithaca 12-noon (M-Sat) Discussion** ⊕  
Brown Baggers 518 W. Seneca st
- ⊕ **Ithaca 12:15 pm (M-F) Discussion** ⊕  
Campus Meeting Group, Cornell University, Anabel Taylor Hall (Rm 314) (Thurs-Step Mtg)
- ⊕ **Ithaca 4:30 pm (M-S) Literature** ⊕  
Happy Hour, Ithaca Community Recovery Ctr., 518 W. Seneca St. Basement.
- ⊕ **Ithaca 5:30 pm (7 days) Discussion** ⊕  
Attitude Adjustment Hour, Ithaca Community Recovery Ctr., 518 W. Seneca St. (Thurs-Step Mtg)
- ⊕ **Homer 7:15 pm Beginners** ⊕  
St. Margaret's Church, Copeland Ave.
- ⊕ **Ithaca 7:30 pm Lit/Discussion** ⊕  
How it Works, Ithaca Community Recovery Ctr., 518 W. Seneca St (Basement)

- ⊕ **Reynoldsville 7:30 pm Discussion** ⊕  
Thinking Out Loud Mtg, Reynoldsville Methodist, Rt. 227
- ⊕ **Ithaca 8:00 pm Speaker** ⊕  
Any Lengths Group, Varna Community Ctr., Rt. 366
- ⊕ **Homer 8:00 pm Discussion** ⊕  
St. Margaret's Church, Copeland Avenue
- ⊕ **Owego 8:00 pm Discussion** ⊕  
St. Paul's Episcopal Church, 117 Main St.

## FRIDAY

- ⊕ **Ithaca 7:15 am (M-F) Big Book** ⊕  
Early Bird Special, Ithaca Community Recovery Ctr., 518 W. Seneca St.
- ⊕ **Cortland 9:00 am (M-Sat) Discussion** ⊕  
Tioughnioga Group, Grace Episcopal Church, Court St.
- ⊕ **Ithaca 9:00 am (7 days) Discussion** ⊕  
Daily Ithaca Group, Ithaca Community Recovery Ctr., 518 W. Seneca St.
- ⊕ **Owego 12-noon (M-F) Discussion** ⊕  
Grange Hall, Glen Mary Drive
- ⊕ **Ithaca 12-noon (M-Sat) Discussion** ⊕  
Brown Baggers Group, Ithaca Community Recovery Ctr., 518 W. Seneca St. (Last Fri-Open Mtg)
- ⊕ **Ithaca 12:15 pm (M-F) Discussion** ⊕  
Campus Meeting Group, Cornell University, Anabel Taylor Hall (Rm 314)
- ⊕ **Ithaca 4:30 pm (M-S) Literature** ⊕  
Happy Hour, Ithaca Community Recovery Ctr., 518 W. Seneca St. Basement.
- ⊕ **Ithaca 5:30 pm (7 days) Discussion** ⊕  
Attitude Adjustment Hour, Ithaca Community Recovery Ctr., 518 W. Seneca St.
- ⊕ **Dryden 7:00 pm Beginners** ⊕  
Dryden 12 Steppers Group, Methodist Church, corner Routes 13 & 38
- ⊕ **Watkins Glen 7:00 pm Discussion** ⊕  
Watkins Glen Group, St. Mary's Ctr., 10<sup>th</sup> St. Last Friday speaker
- ⊕ **Ithaca 7:00 pm Discussion** ⊕  
Friday Night Women's Group, Ithaca Community Recovery Ctr., 518 W. Seneca St. (2<sup>nd</sup> floor)
- (Last Fri.; Open-Speaker-Medallion meeting)
- ⊕ **King Ferry 7:30 pm Discussion** ⊕  
Just in Time Group, Presbyterian Church Hall, Rt 90
- ⊕ **Cortland 8:00 pm Speaker** ⊕  
Cortland Memorial Hospital, Homer Ave.